

302 PROFESSIONAL SKINCARE

BLEMISH MARKS & SCARS

HOW TO USE

Follow these guidelines for optimum program results:

KEY PRODUCTS:

- 302 DROPS
- RETINOL 0.5 DROPS or RETINOL 1.0 DROPS

RETINOL 0.5 DROPS - Moderate retinol concentration for more sensitive skin

RETINOL 1.0 DROPS - Higher retinol concentration for optimal effect

Set aside all other products - sunscreens, moisturizers, serums, lotions, makeup, cleansers and begin your transition to skin free of skincare product effects. We want a clean slate. This will take a few weeks of cleansing only.

Often times allergies, oral medications, chronic inflammation, and other factors need special attention before scar issues can be addressed satisfactorily. Reach out to us at GUIDANCE if you have skin issues or would like further clarification.

Begin with two cleansers. We recommend ARRIVE and PURITY for most. Use one of these 1x per day, alternate days. You may also use these unique cleansers as leave-ons. See the individual product pages for more information. Apply no other products.

After 10-14 days, introduce RETINOL DROPS. Apply 2x per week, evenings. Use ARRIVE to spread more evenly. Apply nothing else during the day. Exception: ARRIVE may be used as an anytime leave-on. Do this for 1 month. Then set RETINOL DROPS aside.

Introduce 302 DROPS. Apply 2x - 3x per week for one month. Use ARRIVE to spread more evenly. 3x per week is recommended if minimal acne is present.

Introduce a third cleanser - see CLEANSERS at our website to choose, do this any time after you begin 302. Different cleanser, different day. If breakouts are in play consult GUIDANCE for specific recommendations.

After 1 month of applying 302 DROPS, set aside and return to RETINOL DROPS - 2x per week. Maintain cleansing routine of alternating cleansers.

Continue to alternate months between these two key products.

ARRIVE is your go-to cleanser/moisturizer. PURITY along with another 302 brand cleanser either recommended or that you prefer will give you three cleansers to rotate through during the week which will ensure a low probability of inflammation. ARRIVE will provide you the best balance overall and could be your 3x or even 4x per week cleanser.

If you experience problems, contact us at GUIDANCE.

The process of scar reversion is biologically slow because the skin is slow to improve and a rabbit to go wrong. The 302 molecule and retinol will exert control over this dynamic and the result will be worth the time. When you need assistance, reach out. Don't wait.