

302 PROFESSIONAL SKINCARE

SUN DAMAGE (AGE RELATED EXPOSURE)

HOW TO USE

Follow these guidelines for optimum program results:

KEY PRODUCTS:

- 302 DROPS
- RETINOL 0.5 DROPS or RETINOL 1.0 DROPS
- ARRIVE
- FACE & BODY BAR

Month 1 - apply RETINOL DROPS 2x per week, evenings, spread with ARRIVE.

Cleanse 1x per day with ARRIVE or FACE & BODY BAR. Alternate days.

Month 2 - set aside RETINOL DROPS and apply 302 DROPS 3x per week, mornings, spread evenly with ARRIVE. Cleanse 1x per day with ARRIVE or FACE & BODY BAR. Alternate cleansers day to day.

Month 3 & 4 and thereafter - repeat Months 1 & 2.

Avoid: sunscreens. Wear a hat.

Extra moisturizing (avoid the crutch of a moisturizer, use only if needed. If your skin is always dry, contact GUIDANCE): Mix a pea sized amount of REMEDY with ARRIVE and spread over face, after applying 302 DROPS. (Do not apply RETINOL DROPS in the morning, evenings only). This will give you weather protection.